



School News

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*Quality Innovative
Education in a
Caring Environment*

This is our last newsletter for the term. The students and staff of Rollands Plains Upper Public School wish you all a safe and enjoyable vacation and look forward to sharing more exciting and educational experiences next term. Kindly note, the first day back for Term 4 for students and staff is **Monday 15 October**. Mr Keane will be away from school for the first 3 weeks of term 4 as he takes up the position of relieving principal at Huntington Public School.

Welcome: We would like to welcome to our school Angus Mackay and his family. Angus will be joining our K-2 class.

Small Schools Soccer Gala Day: Wow, an amazing effort was shown by all the students at the Soccer Gala Day. Congratulations to all our students for their sportsmanship, on field communication and ball sharing skills. Our Division 1 team, comprising of students from the K-2 class, were successful for the second year in a row winning their division. Thank you to Mr Regan who coached the team on the day. All that soccer practice is obviously paying off.



Book Week Parade: Just a reminder about our Book Week celebrations tomorrow, commencing at 11.30am with the parade, followed by assembly, literacy activities, special lunch and literacy activities in the afternoon through until 3pm. The library van will also be visiting our school.

Principal: Leanne Parker

School Administrative Manager:
Janice McLachlan

Teachers:
Leanne Parker
Thomas Keane
Alison Deicke

School Learning Support Officer:
Jenny Drage

Grounds Assistant: Eian Wilson

*Wisdom is to the mind
what health is to the
body.*

Thursday 20 September — Transition to High School Day Year 6, Wauchope High School.

Friday 21 September — Library Van, Book Week Parade.

Thursday 27 September — Billabong Zoo excursion.

Friday 28 September — Last day of Term 3.

Monday 15 October — First day back for staff and students.

Tuesday 16 October — Life Education Van.

Wednesday 24 October — Surf Education Visit.

Friday 26 October — Library Van

Wednesday 31 October — Wauchope Op Shop Visit (for Stem Project)

Primary News: In our science experiments, as part of our Mad Monday science activities, the primary have been experimenting with molecules using milk as the sample. Milk is mainly made up of water with the other big ingredient usually being fat (not all milk has the same amount of fat). The dish soap bonds with the fat in the milk. This bond is so strong that the water and food colouring are pushed out. The swirling effect is everything else moving around to make room for the dish soap and fat bond. The visual effects of this experiment are amazing to watch.



Wauchope Historical Society:

Thank you to Mrs Jeanette Rainbow, Mrs Daphne Salt, Mrs Kathleen Dowler and Mr Richard Grimmond from the Wauchope Historical Society, who attended our school yesterday. They dressed in period costume, which the students found very interesting. The students were given a brief presentation on the exploration of John Oxley and the many places locally named after him. The students received positive feedback on their excellent behaviour and posed many interesting questions for the visitors.

Library News: In library, students are continuing to read and explore our wonderful range of books. We are also continuing our Worry Woo's program, currently focusing on dealing with the emotions of frustration and anxiety. Please check at home for outstanding school library books and library van books and return these as soon as possible. Library van is coming tomorrow.

Art News: During Term 3, students have been learning about the artist Wassily Kandinsky. We learnt that Kandinsky believed that painting didn't need a particular subject and instead shapes and colours alone could be art. He felt that you could express feelings and music through colours and shapes in artworks. The students have used Kandinsky's art as an inspiration to create their own masterpieces. The students work is on display in the office entrance, so please make sure to come and have a look.



Billabong Zoo: If anyone has not returned their permission note and money for our excursion next Thursday, could you please do so. If you require financial assistance please contact Mrs Parker at school.

Crazy Hair Day: On the last day of term we had planned a crazy hair day; we are now postponing this event until next term.

Cenotaph Dedication: A reminder that the unveiling of the cenotaph is on this Saturday commencing at 10am at the hall. This is a very important community event and it would be great to see as many students there as possible in school uniform. It is expected to take a maximum of 30 minutes.

The Fire Brigade will be holding their open days on Saturday 22 and Sunday 23 at our local Fire Shed and all students and families have been invited to attend. This will be a valuable day in preparation for the up coming fire season.

Dear parent,

Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it's **absolutely FREE!**

WHEN DOES GO4FUN RUN? Go4Fun runs for 10 weeks after school during the school term, and children attend a fun filled 2 hour session each week with their parent.

WHAT DO WE DO AT GO4FUN? Every week children play fun and interactive games and activities to get their heart rates up and enjoying being active. You and your child also learn about healthy eating, setting goals, portion sizes, label reading and more. The child receives up to 3 attendance prizes, and parents a \$15 fresh fruit and vegie voucher each session they attend.

Registration for Term 4, 2018 is open with limited places in Port Macquarie, Wauchope, Kempsey, South West Rocks, Nambucca Heads, Coffs Harbour.

We'd love to welcome you and your child to Go4Fun and encourage you to secure a place.

Register at Freecall 1800 780 900 or at www.go4fun.com.au

