

# ***Rollands Plains Upper Primary School***

*Quality, Innovative Education in a Caring Environment*



***Date: Thursday, 22<sup>nd</sup> July, 2010***

## **Address**

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## **Principal:**

Leanne Parker

## **Teachers:**

Kym Avalon  
Adele Masters  
Mark Thurston

## **Teachers Aide**

Jenny Drage

## **Grounds Assistant**

Eian Wilson

## **School**

**Administrative  
Manager**

Janice McLachlan

## **Parents and Citizens Association**

## **President**

Mrs. Keryn Lober

## **Secretary**

Ms. Bronwen Mason

## **Treasurer**

Mrs. Sue Aherne

## **Diary Dates**

**Tuesday 20<sup>th</sup> July – Students return to school for Term 3**

**Friday 13<sup>th</sup> August – Wombat Stew at the Glasshouse**

**Wednesday 18<sup>th</sup> August – Book Week Parade**

**Friday 20<sup>th</sup> August – Soccer Gala Day**

**1<sup>st</sup> – 3<sup>rd</sup> September -Small Schools Sydney Camp**

**Welcome to term 3.** It is hard to believe that it is here already. Our staff have been busily organising another action packed term full of new learning experiences and opportunities for the children and we are looking forward to sharing these with you throughout the term. As there are many national recognised dates of importance this term including Education Week, Book Week and National Literacy and Numeracy Week we will be combining all of these days with one day of celebration to be held on the 18<sup>th</sup> August. This will also be our book week parade and the children will be asked to come dressed as a book character.

**Happy Birthday** to Billy Mason and Talisha Tubman who both turned 6 over the holidays. Also, Billey Blackwell who turned 10 and Isabell Lober who turned 6, on Tuesday.



**The Small Schools Athletics Carnival** was held on Thursday, 1<sup>st</sup> July. The morning started out very cold but warmed into a perfect day. Many of our children received multiple ribbons for their efforts. Congratulations to Emilyrose Cole, she was awarded Senior Girls Champion, Jesse Casey was awarded Senior Boys Champion and Taje Munn was awarded Nipper Champion. A good time was had by all. Congratulations to all our children for displaying good sportsmanship and behaving in an exemplary manner. Thank you to our parents for making the day possible by transporting their children to the oval



**Parent Teacher Interviews** - Attached to the newsletter is an interview timetable. All parents are invited to come along and chat to your child's teacher about your child's learning in the first semester and their school reports. We are suggesting that parents with children in K-1 speak with Mrs. Parker, 2-3 with Ms Avalon and 4-6 with Mrs. Masters. You are also most welcome to make an appointment with me. Please return all interview sheets by Monday morning, 26<sup>th</sup> July, so we are able to confirm your time.

**Reading is Magical Assembly, book presentation and Slippery Sirkus display** – held on Friday, 2<sup>nd</sup> July. Thank you to everyone who attended our assembly and circus display. The students gave a marvellous demonstration of their juggling, balancing, skipping and whoola hopping skills. All of the students were very excited to receive their term 3 reading books.

### **NAIDOC Week Excursion**



Some pictures from our visit to Greenhill Public School last term.

**McCain School Veggie Patches Program** – please don't forget to save your barcodes from McCain frozen vegetables and Purely Potato packs. We will collect points towards great new equipment.

### **Nutrition Tips 2010**

#### **The importance of good nutrition**

Children & adolescents need good nutrition to develop & grow to their potential & to be protected against chronic disease in later life. It is also vital for learning & enjoyment in physical activity. Educating children & teenagers about preparing healthy food, developing nutritious eating habits & the social role of food, helps promote eating behaviours from an early age and as parents & carers, you play a vital part in this, as being a good role model positively influences children & helps them develop nutritious eating behaviours that last a lifetime.

### **P&C Association News**

**Next P & C meeting** - Tuesday 27 July at 1:00pm.

**Recipe Book** – We are compiling a recipe book as a fundraising activity. If you have any favourite recipes you are willing to share, please send them into school or email Mary Cas at [2happymary@austarnet.com.au](mailto:2happymary@austarnet.com.au) or for enquiries please phone Mary on 6585 8209.

**Christmas Concert** - If anyone has a video of last year's Christmas concert could you please contact the school.

**Local Government Week** – 4<sup>th</sup> August, 9.30am to 10.30am at Port Macquarie Library. Find out what FREE healthy resources your local library has available for loan. As part of the "Move Well, Eat Well, Live Well" program Port Macquarie-Hastings Council is launching a Pedometer Loan Scheme. A free healthy morning tea will be provided. Please RSVP for catering purposes on 6581 8111.

Kind Regards  
Mrs. Leanne Parker

Students Name \_\_\_\_\_

Teachers Name \_\_\_\_\_

Time	Tuesday 27/07	Wednesday 28/07	Thursday 29/07
3.20			
3.35			
3.50			
4.05			
4.20			
4.35			